



JAKE HELMS

Position: Offensive Tackle

Height: 6'8

Weight: 360 lbs.

Hometown: Charlotte, NC

Contact Information:

5000 Montclair Avenue

Charlotte, NC 28211

Home: (704) 365-3989

Cell: (704) 575-8426

E-Mail: bigjakelt70@aol.com

PLAYER BIO

2007 American Indoor Football Association - Carolina Speed

- Michael Mink- Head Coach (727-470-4369 cell)
- Left Guard (Some Nose Guard)
- Franchise Player
- Made AIFA All-Star team 2007

2006 National Indoor Football League - Charleston Sand Sharks

- 0 Sacks- Left guard

2002- 2005 Lenore- Rhyne College- 4 Year Starter

- Played 35 plus games

2000- 2002 - Charlotte Christian School

- As a Senior year made All State Offensive Line
- Coach Pete Metzelaars (704-533-2588 cell)

* Reference Available upon request.

